

DOC NUMBER	CIS004		
VERSION	1	REVISION DATE	Aug 2025
DOC NAME	Allergen Information Bento		

CUSTOMER NOTES
1. Wasabi, ginger, and soy sauce are often provided with sushi and sometimes with other products. They are not listed with the product but are found in the condiments section.
2. Ingredients may vary by supplier; allergens cover all sources.
3. Some shops may add teriyaki sauce, mayo, or sesame seeds. If not listed, see the condiments section for details.
4. Dairy-free cream cheese, egg-free mayo, and non-detectable gluten soy sauce may be available — please ask staff.
5. The checkbox marked with specific allergen names indicates that the allergen is present, either from supplier-provided ingredients or added through our own recipe. –: – Allergen not reported by our approved suppliers. Please understand that we cannot guarantee that any products are 100% free of allergens due to possible cross-contact during storage, handling, or cooking.

INGREDIENT TABLE									
ITEMS	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	SULPHITES	MOLLUSCS
1. Katsu Chicken Bowl Regular	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
2. Super Crunchy Chicken Bowl Regular	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
3. Teriyaki Chicken Bowl Regular	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
4. Fried Chicken Bowl (Karaage Chicken) Regular	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
5. Teriyaki Salmon Bowl	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
6. Beef Bowl	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
7. Tempura Prawn Bowl	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	-	MOLLUSCS
8. Teriyaki Tofu Bowl	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
9. Tempura Vege Bowl	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	SESAME SEEDS	-	SULPHITES	-
10. Tempura Vege and Tofu Bowl	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	SESAME SEEDS	-	SULPHITES	-

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NOODLES	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	SULPHITES	MOLLUSCS
11. Teriyaki Chicken Ramen (Tonkatsu Pork)	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
11. Teriyaki Chicken Ramen Spicy (Tonkatsu Pork)	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
11. Karaage Ramen (Tonkatsu Pork)	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
11. Karaage Ramen Spicy (Tonkatsu Pork)	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
12/13. Katsu Chicken Udon	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	SULPHITES	-
12/13. Katsu Chicken Soba	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
12/13. Beef Udon	WHEAT GLUTEN	FISH	-	SOYBEANS	-	SESAME SEEDS	-	SULPHITES	-
12/13. Beef Soba	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
12/13. Tempura Prawn Udon	WHEAT GLUTEN	FISH	-	SOYBEANS	-	SESAME SEEDS	CRUSTACEA	SULPHITES	-
12/13. Tempura Prawn Soba	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	-	-
12/13. Tempura Vege Udon	WHEAT GLUTEN	FISH	-	SOYBEANS	-	SESAME SEEDS	-	SULPHITES	-
12/13. Tempura Vege Soba	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	SULPHITES	-
OTHERS	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	SULPHITES	MOLLUSCS
14. Katsu Chicken and Salmon Sashimi Bento	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	-	MOLLUSCS
15. Katsu Chicken and Sushi Bento	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	-	MOLLUSCS
16. Katsu Chicken Curry on Rice Regular	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	-	-	-	-
17. Tofu Curry on Rice Regular	WHEAT GLUTEN	-	-	SOYBEANS	-	-	-	-	-

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Teriyaki Chicken Minibowl	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
Karaage Chicken Minibowl	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
Chicken Katsu Minibowl	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
SNACKS (CONDIMENTS ARE NOT INCLUDED)	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	SULPHITES	MOLLUSCS
Karaage Fried Chicken	WHEAT GLUTEN	-	MILK	SOYBEANS	-	-	-	-	-
Karaage Fried Chicken Spicy	WHEAT GLUTEN	-	MILK	SOYBEANS	-	SESAME SEEDS	CRUSTACEA	-	-
Pork Gyoza 6pc	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	MOLLUSCS
Vege Gyoza 6pc	WHEAT GLUTEN	-	-	SOYBEANS	-	SESAME SEEDS	-	-	-
Takoyaki 6pc	WHEAT GLUTEN	FISH	-	SOYBEANS	EGGS	-	CRUSTACEA	-	MOLLUSCS
Tempura Prawn 3pc	WHEAT GLUTEN	-	-	SOYBEANS	-	-	CRUSTACEA	-	-
Fried Tofu 8pc	-	-	-	SOYBEANS	-	-	-	-	-
Vege Spring Rolls 2pc	WHEAT GLUTEN	-	-	SOYBEANS	-	SESAME SEEDS	-	-	-
CONDIMENTS	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	SULPHITES	MOLLUSCS
Ramen Soup Paitan Somi	WHEAT GLUTEN	-	-	SOYBEANS	-	SESAME SEEDS	-	-	-
Japanese Pepper Sauce	WHEAT GLUTEN	FISH	-	SOYBEANS	-	SESAME SEEDS	-	-	-
Donburi Sauce	WHEAT GLUTEN	FISH	-	SOYBEANS	-	-	-	-	MOLLUSCS
Bento Teriyaki Sauce	WHEAT GLUTEN	-	-	SOYBEANS	-	-	-	-	-
Curry Sauce	WHEAT GLUTEN	-	-	SOYBEANS	-	-	-	-	-
Sesame Dressing	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	SESAME SEEDS	-	-	-
Tonkatsu Sauce	WHEAT GLUTEN	-	-	-	-	-	-	-	-
Yakiniku Sauce	WHEAT GLUTEN	-	-	SOYBEANS	-	SESAME SEEDS	-	-	-
House Mayo	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	-	-	-	-
Spicy Mayo	WHEAT GLUTEN	-	-	SOYBEANS	EGGS	-	-	-	-
Red Ginger	-	-	-	-	-	-	-	-	-
Yellow Pickle	-	-	-	SOYBEANS	-	-	-	-	-