

BENTO BOWL ALLERGEN INFORMATION
Version 2.0 July 2021

	ITEMS	ALLERGENS
RICE BOWL	Katsu Chicken <i>with teriyaki sauce</i>	Wheat, soy, shellfish, fish, egg, sesame
	Katsu Chicken <i>with curry sauce + mayo</i>	Wheat, soy, shellfish, fish, egg, sesame
	Teriyaki Chicken	Wheat, soy, shellfish, fish, sesame
	Fried Chicken	Wheat, soy, shellfish, fish, sesame, dairy
	Super Crunchy	Wheat, soy, shellfish, fish, egg, sesame <i>Manufactured in a facility that handles shrimps</i>
	Teriyaki Salmon	Wheat, soy, shellfish, fish, sesame
	Teriyaki Beef	Wheat, soy, shellfish, fish, sesame
	Tempura Prawn	Wheat, soy, shellfish, fish, sesame, crustacea
	Teriyaki Tofu	Soy, shellfish, fish, sesame
	Tempura Vege	Wheat, soy, shellfish, fish, egg, sesame
	Vege & Prawn	Wheat, soy, shellfish, fish, egg, sesame, crustacea
NOODLE BOWL	Tonkatsu Shoyu Ramen	Wheat, soy, fish, egg, sesame
	Miso Ramen	Wheat, egg, soy, fish, sesame
	Spicy Ramen	Wheat, soy, sesame, fish, egg
	Fried Chicken Tonkatsu Shoyu Ramen	Wheat, soy, fish, egg, sesame
	Fried Chicken Miso Ramen	Wheat, egg, soy, fish, sesame
	Fried Chicken Spicy Ramen	Wheat, soy, sesame, fish, egg
	Katsu Miso Ramen	Wheat, egg, soy, fish, sesame
	Katsu Chicken Soba	Wheat, soy, fish, egg, sesame
	Katsu Chicken Udon	Wheat, soy, fish, egg, sesame
	Teriyaki Chicken Tonkatsu Shoyu Ramen	Wheat, soy, fish, egg, sesame
	Teriyaki Chicken Miso Ramen	Wheat, egg, soy, fish, sesame
	Teriyaki Chicken Spicy Ramen	Wheat, soy, sesame, fish, egg
	Teriyaki Chicken Soba	Wheat, soy, fish, sesame
	Teriyaki Chicken Udon	Wheat, soy, fish, sesame
	Teriyaki Beef Soba	Wheat, soy, fish, sesame
	Teriyaki Beef Udon	Wheat, soy, fish, sesame
	Tempura Prawn Soba	Wheat, soy, fish, sesame, crustacea
	Tempura Prawn Udon	Wheat, soy, fish, sesame, crustacea
	Tempura Vege Soba	Wheat, soy, fish, sesame
	Tempura Vege Udon	Wheat, soy, fish, sesame
BENTO BOX	Bento A (Katsu Chicken)	Wheat, soy, shellfish, fish, egg, sesame, crustacea
	Bento B (Teriyaki Chicken)	Wheat, soy, shellfish, fish, egg, sesame, crustacea
	Bento C (Katsu & Sashimi)	Wheat, soy, shellfish, fish, egg, sesame, crustacea
	Bento D (Teriyaki Chicken & Sashimi)	Wheat, soy, shellfish, fish, egg, sesame, crustacea
RTE / SNACKS	Katsu Chicken on Rice	Wheat, soy, egg, sesame
	Fried Chicken on Rice	Wheat, soy, egg, sesame
	Soba Roll	-
	Curry Pocket	Wheat, soy, dairy, egg
	Fried Chicken in Cup	Wheat, soy, dairy
	Gyoza	Wheat, sesame, egg, soy
	Takoyaki	Wheat, egg, fish, seafood
	Tempura Vege	Wheat, soy, sesame
Tempura Prawn	Wheat, soy, sesame, crustacea	
CONDIMENTS	Curry Sauce	Wheat, soy, fish, shellfish
	Teriyaki Sauce	Wheat, soy
	Donburi Sauce	Wheat, soy, fish, shellfish
	Poke Sauce	Wheat, soy, fish
	Sesame Dressing	Wheat (Non-detectable gluten), sesame, egg
	Gyoza Sauce	Wheat, soy, sesame
	Sweet & Sour Sauce	Wheat (Non-detectable gluten), soy

Yakiniku Sauce	Wheat, soy, sesame
Pepper Sauce	Wheat, sesame, soy
Ramen Soup	Wheat, milk, sesame, soy
Yellow Pickles	Wheat (Non-detectable gluten), soy
Red Ginger	Wheat (Non-detectable gluten)
Mayonnaise	Wheat (Non-detectable gluten), soy, egg
Mamenori	Soy
Somi Tonkotsu Ramen Soup	Wheat, soy, fish, dairy, peanuts
Mild Miso Ramen Soup Base	Wheat, soy, egg
Daishi	Fish

* Bento products are NOT gluten free.

*MSG is also known as glutamic acid or E621 (flavour enhancer), and they can be derived either naturally or artificially.

SORTED ALLERGEN

ALLERGEN	PRODUCTS	CONDIMENTS
Wheat	ALL bento bowl meals, noodles, and RTE products contain wheat. <i>Crumbed Prawn, Kakiage (vege, prawn & vege), Karaage, Kushiage, Seaweed Salad, Tsuyu.</i>	Soy sauce, sushi vinegar, teriyaki sauce
Egg	Any meal containing tartare sauce or mayonnaise contains egg. <i>Chicken Bento, Katsu Chicken Bowl, Katsu Chicken Lunchbox, Katsu Chicken on Rice, Kushiage Bowl.</i>	Tartare sauce
Dairy	All noodle bowls contain dairy. <i>Tsuyu.</i>	None
Soy	ALL bento bowl meals, noodles, and RTE products contain soy. Karaage, Miso Soup, Seaweed Salad.	Donburi sauce, teriyaki sauce, soy sauce
Fish	ALL bento bowl meals and noodle bowls contain fish, EXCEPT Teriyaki Chicken Bowl. <i>Miso soup, Tsuyu.</i>	Donburi sauce
Sesame	ALL bento, bowl meals, noodles, and RTE products contain sesame (as a garnish/condiment). <i>Seaweed salad.</i>	None
Crustacea	ALL bento boxes contain crustacea (crumbed prawn constituent). <i>Crumbed Prawn, Katsu Chicken Lunchbox (crumbed prawn constituent), Prawn Kakiage, Prawn Kakiage Bowl, Vege Kakiage + Prawns Bowl, Tempura Prawn Noodle Bowl.</i>	None
Peanuts	None	None
Tree nuts	None	None

- **Lupin**