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| DOC NUMBER | CIS003 | | |
| VERSION | 4 | REVISION DATE | Mar 2026 |
| DOC NAME | Ingredient List and Allergen Information: Bento | | |

CUSTOMER NOTES

1. Sourcing: Ingredients may vary by supplier; our allergen list covers all potential sources.

2. Alternatives: Ask our staff about our dairy-free cream cheese, egg-free mayo, and low gluten soy sauce.

*** Cross-Contact: Listed allergens are based on recipes and supplier data. Because we use shared storage and deep fryers, we cannot guarantee any dish is 100% allergen-free. The table below lists ingredients but does not exclude the possibility of cross-contact.**

| BOWLS | INGREDIENTS | ALLERGENS CONTAIN |
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| Katsu Chicken Bowl (Regular) | Cooked Rice, Chicken (24%), Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Wheat Flour, Breadcrumbs [Wheat Flour, Shortening, Yeast, Sugar, Salt, Bread Improver (Corn Starch, Flour Treatment Agents (170, 516, 300, 1100))], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Edamame Beans (Soy), Canola Oil, Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Egg, Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Corn Starch, Onion, Spring Onion, Sesame Seeds, Parsley, Salt, White Pepper. | Egg, Sesame, Soy, Wheat, Gluten |
| Super Crunchy Chicken Bowl (Regular) | Cooked Rice, Chicken (21%), Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Wheat Flour, Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Edamame Beans (Soy), Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Acid Phosphate], Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Canola Oil, Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Egg, Corn Starch, Onion, Spring Onion, Sesame Seeds, Parsley, Salt, White Pepper. | Egg, Sesame, Soy, Wheat, Gluten |
| Teriyaki Chicken Bowl (Regular) | Cooked Rice, Chicken (27%), Cabbage, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Corn Starch, Onion, Spring Onion, Sesame Seeds, Parsley. | Egg, Sesame, Soy, Wheat, Gluten |
| Karaage Chicken Bowl (Regular) | Cooked Rice, Chicken (24%), Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Karaage Batter [Wheat Flour, Salt, Soy Sauce Powder, Sugar, Skimmed Milk Powder, Spice, Soybean Protein, Glucose, Vegetable Bouillon, Yeast Extract Powder, Hydrolyzed Vegetable Protein (Soy), Vegetable Extract, Seasoning (Monosodium L-Glutamate)], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Edamame Beans (Soy), Canola Oil, Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Corn Starch, Onion, Spring Onion, Sesame Seeds, Parsley, Salt, White Pepper. | Egg, Milk, Sesame, Soy, Wheat, Gluten |

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| Teriyaki Salmon Bowl | Cooked Rice, Salmon (25%) (Fish), Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Lemon, Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Wheat Flour, Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Corn Starch, Onion, Spring Onion, Canola Oil, Sesame Seeds, Parsley, Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water]. | Egg, Fish, Sesame, Soy, Wheat, Gluten |
| Beef Bowl | Cooked Rice, Beef (24%), Onion, Yakiniiku Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning (Rice, Rice Koji, Salt), Ethyl Alcohol, Ginger, Sesame Oil, Flavour Enhancers (621, 627, 631), Garlic, Colour (150a), Spices, Sesame Seeds, Vitamin B1], Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Sugar, Carrots, Spring Onion, Sesame Seeds, Parsley. | Egg, Sesame, Soy, Wheat, Gluten |
| Tempura Prawn Bowl | Cooked Rice, Prawn Tempura (19%) [Prawn 55% (Crustacea), Water, Palm Oil, Emulsifiers (451, 452), Salt, Predust (Starch (Cassava, Soy), Scallop (Mollusc)), Tempura Batter (Wheat Flour, Corn Starch, Raising Agents (450, 500ii, 341i), Wheat Protein, Salt, Emulsifier (471), Spice, Colours (101, 160c)), Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Canola Oil, Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Corn Starch, Onion, Spring Onion, Sesame Seeds, Parsley, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol]. | Crustacea, Egg, Mollusc, Sesame, Soy, Wheat, Gluten |
| Teriyaki Tofu Bowl | Cooked Rice, Tofu Deep Fried (34%) [Water, Soybeans, Vegetable Oil (Soy), Modified Starch, Coagulant, Stabilizer (Modified Starch), Reduced Maltose Powder, Salt], Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Canola Oil, Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Carrots, Corn Starch, Onion, Spring Onion, Sesame Seeds, Parsley. | Egg, Sesame, Soy, Wheat, Gluten |
| Tempura Vege Bowl | Cooked Rice, Tempura Vegetable (25%) [Onion, Carrot, Morning Glory, Tempura Mix (Wheat Flour, Potato Starch, Modified Starch (Modified Tapioca, Sulfur Dioxide, Vegetable Oil), Baking Powder (Tapioca Starch, Sodium Bicarbonate, Sodium Acid Pyrophosphate), Soybean Powder, Soybean Oil], Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Alcohol], Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Flavour Enhancer (621), Food Acid (330), Acidity Regulator (260), Sweetener (960), Preservative (202), Colour (102), May Contain Soy], Red Ginger [Ginger, Salt, Vinegar, Acetic Acid (260), Preservative (202), Colours (124, 102), Water], Carrots, Corn Starch, Onion, Spring Onion, Canola Oil, Sesame Seeds, Parsley. | Egg, Sesame, Soy, Wheat, Gluten |
| Tempura Vege and Tofu Bowl | Cooked Rice, Tofu Deep Fried (23%) [Water, Soybean, Vegetable Oil, Modified Starch, Coagulant, Stabiliser (Modified Starch), Reduced Maltose Powder, Salt], Tempura Vegetable (19%) [Onion, Carrot, Morning Glory, Tempura Mix (Wheat Flour, Potato Starch, Modified Starch (Modified Tapioca, Sulfur Dioxide, Vegetable Oil), Baking Powder (Tapioca Starch, Sodium Bicarbonate, Sodium Acid Pyrophosphate), Soybean Powder, Soybean Oil], Cabbage, Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Canola Oil, Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Alcohol], Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Flavour Enhancer (621), Food Acid (330), Acidity Regulator (260), Sweetener (960), Preservative (202), Colour (102), May Contain Soy], Red Ginger [Ginger, Salt, Vinegar, Acetic Acid (260), Preservative (202), Colours (124, 102), Water], Carrots, Corn Starch, Onion, Spring Onion, Sesame Seeds, Parsley. | Egg, Sesame, Soy, Wheat, Gluten |

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| Katsu Chicken Curry (Regular) | Cooked Rice, Curry Sauce [Water, Onion, Palm Oil, Wheat Flour, Curry Powder, Salt, Sugar, Tomato Paste, Worcestershire Sauce, Colour (150a), Corn Starch, Garlic Paste, Garlic Powder, Natural Flavour, Onion Powder, Spice Extract, Spices, Yeast Extract], Chicken (18%), Wheat Flour, Breadcrumbs [Wheat Flour, Shortening, Yeast, Sugar, Salt, Bread Improver (Corn Starch, Flour Treatment Agents (170, 516, 300, 1100))], Canola Oil, Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Egg, Salt. | Egg, Wheat, Gluten |
| Tofu Curry (Regular) | Cooked Rice, Curry Sauce [Water, Onion, Palm Oil, Wheat Flour, Curry Powder, Salt, Sugar, Tomato Paste, Worcestershire Sauce, Colour (150a), Corn Starch, Garlic Paste, Garlic Powder, Natural Flavour, Onion Powder, Spice Extract, Spices, Yeast Extract], Tofu Deep Fried (30%) [Water, Soybean, Vegetable Oil, Modified Starch, Coagulant, Stabiliser (Modified Starch), Reduced Maltose Powder, Salt], Canola Oil, Red Ginger [Ginger, Salt, Vinegar, Acetic Acid (260), Preservative (202), Colours (124, 102), Water]. | Soy, Wheat, Gluten |
| Teriyaki Chicken Bowl (Small) | Cooked Rice, Chicken (27%), Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Cabbage, Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Edamame Beans (Soy), Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Onion, Spring Onion, Corn Starch, Sesame Seeds, Parsley. | Egg, Sesame, Soy, Wheat, Gluten |
| Karaage Chicken Bowl (Small) | Cooked Rice, Chicken (24%), Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Cabbage, Karaage Batter [Wheat Flour, Salt, Soy Sauce Powder, Sugar, Skimmed Milk Powder, Spice, Soybean Protein, Glucose, Vegetable Bouillon, Yeast Extract Powder, Hydrolyzed Vegetable Protein (Soy), Vegetable Extract, Seasoning (621)], Edamame Beans (Soy), Canola Oil, Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Red Ginger [Ginger, Salt, Brewed Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Carrots, Onion, Corn Starch, Spring Onion, Sesame Seeds, Parsley, Salt, White Pepper. | Egg, Milk, Sesame, Soy, Wheat, Gluten |
| NOODLES | INGREDIENTS | ALLERGENS CONTAIN |
| Teriyaki Chicken Ramen (Tonkotsu) | Water, Ramen Noodles [Wheat Flour, Wheat Protein, Acidity Regulators (501, 500), Colour (Gardenia Yellow)], Chicken (9%), Ramen Soup [Water, Pork Extract, Salt, Vegetable Oil (Soybeans, Canola, Sesame Seed, Cottonseed), Flavour Enhancer (621), Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Wheat Flour, Pork Fat, Garlic Powder (Garlic, Potato Starch), Maltodextrin, Flavour Enhancers (627, 631), Hydrolyzed Soy Protein, Vegetable Extract (Potato, Cabbage, Carrot, Onion, Bean Sprouts, Garlic), White Pepper], Cabbage, Egg, Bamboo Shoots [Bamboo Shoots, Water, Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Salt, Hydrolyzed Soy Protein, Bonito (Fish), Mirin (Alcohol, Glucose, Glutinous Rice, Rice), Flavour Enhancer (621), Antioxidant (300), Flavour Enhancers (363, 631, 627), Glycine, Licorice Extract, Food Acid (330), Preservative (223)], Corn, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Alcohol], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Spring Onion, Seaweed. | Egg, Fish, Sesame, Soy, Wheat, Gluten |
| Teriyaki Chicken Ramen (Spicy) | Water, Ramen Noodles [Wheat Flour, Wheat Protein, Acidity Regulators (501, 500), Colour (Gardenia Yellow)], Chicken (8%), Ramen Soup [Water, Pork Extract, Salt, Vegetable Oil (Soybeans, Canola, Sesame Seed, Cottonseed), Flavour Enhancer (621), Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Wheat Flour, Pork Fat, Garlic Powder (Garlic, Potato Starch), Maltodextrin, Flavour Enhancers (627, 631), Hydrolyzed Soy Protein, Vegetable Extract (Potato, Cabbage, Carrot, Onion, Bean Sprouts, Garlic), White Pepper], Cabbage, Egg, Bamboo Shoots [Bamboo Shoots, Water, Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Salt, Hydrolyzed Soy Protein, Bonito (Fish), Mirin (Alcohol, Glucose, Glutinous Rice, Rice), Flavour Enhancer (621), Antioxidant (300), Flavour Enhancers (363, 631, 627), Glycine, Licorice Extract, Food Acid (330), Preservative (223)], Japanese Pepper Sauce [Water, Soy Sauce (Water, Soybeans, Wheat, Salt), High Fructose Syrup, Sesame Paste, Vinegar, Starch Syrup, Salt, Modified Corn Starch, Flavoured Oil (Sesame), Chinese Pepper, Alcohol, Colour (150a), Flavour Enhancer (621), Chilli Pepper, Black Pepper, Paprika, Mandarin Orange Peel, Thickener (412), Dried Sardine Extract (Fish), Thickener (417), Acidity Regulator (262i), Cardamom, Chilli Pepper Oleoresin, Flavour Enhancer (635), Acidity Regulator (331iii)], Corn, Chilli Oil [Rice Oil, Sesame Oil, Spice Extract], Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Alcohol], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Spring Onion, Seaweed. | Egg, Fish, Sesame, Soy, Wheat, Gluten |

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| Karaage Ramen (Tonkotsu) | Water, Ramen Noodles [Wheat Flour, Wheat Protein, Acidity Regulators (501, 500), Colour (Gardenia Yellow)], Chicken (8%), Ramen Soup [Water, Pork Extract, Salt, Vegetable Oil (Soybeans, Canola, Sesame Seed, Cottonseed), Flavour Enhancer (621), Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Wheat Flour, Pork Fat, Garlic Powder (Garlic, Potato Starch), Maltodextrin, Flavour Enhancers (627, 631), Hydrolyzed Soy Protein, Vegetable Extract (Potato, Cabbage, Carrot, Onion, Bean Sprouts, Garlic), White Pepper], Cabbage, Egg, Corn, Karaage Batter [Wheat Flour, Salt, Soy Sauce Powder (Soybeans, Wheat), Sugar, Skimmed Milk Powder, Spice, Soybean Protein, Glucose, Vegetable Bouillon, Yeast Extract Powder, Hydrolyzed Vegetable Protein (Soy), Vegetable Extract, Flavour Enhancer (621)], Canola Oil, Spring Onion, Seaweed, Salt, White Pepper, Bamboo Shoots [Bamboo Shoots, Water, Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Salt, Hydrolyzed Soy Protein, Bonito (Fish), Mirin (Alcohol, Glucose, Glutinous Rice, Rice), Flavour Enhancer (621), Antioxidant (300), Flavour Enhancers (363, 631, 627), Glycine, Licorice Extract, Food Acid (330), Preservative (223)]. | Egg, Fish, Milk, Sesame, Soy, Wheat, Gluten |
| Karaage Ramen (Spicy) | Water, Ramen Noodles [Wheat Flour, Wheat Protein, Acidity Regulators (501, 500), Colour (Gardenia Yellow)], Chicken (7%), Ramen Soup [Water, Pork Extract, Salt, Vegetable Oil (Soybeans, Canola, Sesame Seed, Cottonseed), Flavour Enhancer (621), Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Wheat Flour, Pork Fat, Garlic Powder (Garlic, Potato Starch), Maltodextrin, Flavour Enhancers (627, 631), Hydrolyzed Soy Protein, Vegetable Extract (Potato, Cabbage, Carrot, Onion, Bean Sprouts, Garlic), White Pepper], Cabbage, Egg, Bamboo Shoots [Bamboo Shoots, Water, Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Salt, Hydrolyzed Soy Protein, Bonito (Fish), Mirin (Alcohol, Glucose, Glutinous Rice, Rice), Flavour Enhancer (621), Antioxidant (300), Flavour Enhancers (363, 631, 627), Glycine, Licorice Extract, Food Acid (330), Preservative (223)], Corn, Japanese Pepper Sauce [Water, Soy Sauce (Water, Soybeans, Wheat, Salt), High Fructose Syrup, Sesame Paste, Vinegar, Starch Syrup, Salt, Modified Corn Starch, Flavoured Oil (Sesame), Chinese Pepper, Alcohol, Colour (150a), Flavour Enhancer (621), Chilli Pepper, Black Pepper, Paprika, Mandarin Orange Peel, Thickener (412), Dried Sardine Extract (Fish), Thickener (417), Acidity Regulator (262i), Cardamom, Chilli Pepper Oleoresin, Flavour Enhancer (635), Acidity Regulator (331iii)], Chilli Oil [Rice Oil, Sesame Oil, Spice Extract], Karaage Batter [Wheat Flour, Salt, Soy Sauce Powder (Soybeans, Wheat), Sugar, Skimmed Milk Powder, Spice, Soybean Protein, Glucose, Vegetable Bouillon, Yeast Extract Powder, Hydrolyzed Vegetable Protein (Soy), Vegetable Extract, Flavour Enhancer (621)], Canola Oil, Spring Onion, Seaweed, Salt, White Pepper. | Egg, Fish, Milk, Sesame, Soy, Wheat, Gluten |
| Katsu Chicken Udon | Water, Udon Noodles [Water, Wheat Flour, Modified Starch, Salt], Chicken (17%), Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybeans, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancers (627, 631), Cyclodextrin, Sodium Citrate, Succinic Acid, L-Ascorbic Acid, Dried Bonito Extract (Fish Extract, Salt), Yeast Extract (Yeast Extract, Salt)], Wheat Flour, Breadcrumbs [Wheat Flour, Shortening, Yeast, Sugar, Salt, Bread Improver (Corn Starch, Flour Treatment Agents (170, 516, 300, 1100))], Canola Oil, Egg, Spring Onion, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Acid Phosphate], Seaweed, Sesame Seeds, Salt, White Pepper. | Egg, Fish, Sesame, Soy, Wheat, Gluten |
| Katsu Chicken Soba | Water, Soba Noodles [Water, Wheat, Buckwheat Flour, Egg White Powder], Chicken (17%), Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybeans, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancers (627, 631), Cyclodextrin, Sodium Citrate, Succinic Acid, L-Ascorbic Acid, Dried Bonito Extract (Fish Extract, Salt), Yeast Extract (Yeast Extract, Salt)], Wheat Flour, Breadcrumbs [Wheat Flour, Shortening, Yeast, Sugar, Salt, Bread Improver (Corn Starch, Flour Treatment Agents (170, 516, 300, 1100))], Canola Oil, Egg, Spring Onion, Seaweed, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Acid Phosphate], Sesame Seeds, Salt, White Pepper. | Egg, Fish, Sesame, Soy, Wheat, Gluten |
| Beef Udon | Water, Udon Noodles [Water, Wheat Flour, Modified Starch, Salt], Beef (12%), Onion, Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybeans, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancers (627, 631), Cyclodextrin, Sodium Citrate, Succinic Acid, L-Ascorbic Acid, Dried Bonito Extract (Fish Extract, Salt), Yeast Extract (Yeast Extract, Salt)], Yakimiku Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning (Rice, Rice Koji, Salt), Ethyl Alcohol, Ginger, Sesame Oil, Flavour Enhancers (621, 627, 631), Garlic, Colour (150a), Spices, Sesame Seeds, Vitamin B1), Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Spring Onion, Seaweed, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Acid Phosphate], Sesame Seeds. | Fish, Sesame, Soy, Wheat, Gluten |

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| Beef Soba | Water, Soba Noodles [Water, Wheat, Buckwheat Flour, Egg White Powder], Beef (12%), Onion, Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybeans, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancers (627, 631), Cyclodextrin, Sodium Citrate, Succinic Acid, L-Ascorbic Acid, Dried Bonito Extract (Fish Extract, Salt), Yeast Extract (Yeast Extract, Salt)], Yakiniku Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning (Rice, Rice Koji, Salt), Ethyl Alcohol, Ginger, Sesame Oil, Flavour Enhancers (621, 627, 631), Garlic, Colour (150a), Spices, Sesame Seeds, Vitamin B1], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Spring Onion, Seaweed, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Acid Phosphate], Sesame Seeds. | Egg, Fish, Sesame, Soy, Wheat, Gluten |
| Tempura Prawn Udon | Water, Udon Noodles [Water, Wheat Flour, Modified Starch, Salt], Prawn Tempura (14%) [Prawn 55% (Crustacea), Water, Palm Oil, Emulsifiers (451, 452), Salt, Predust (Starch (Cassava, Soy), Scallop (Mollusc)), Tempura Batter (Wheat Flour, Corn Starch, Raising Agents (450, 500ii, 341i), Wheat Protein, Salt, Emulsifier (471), Spice, Colours (101, 160c))], Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybeans, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancers (627, 631), Cyclodextrin, Sodium Citrate, Succinic Acid, L-Ascorbic Acid, Dried Bonito Extract (Fish Extract, Salt), Yeast Extract (Yeast Extract, Salt)], Canola Oil, Spring Onion, Seaweed, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Acid Phosphate], Sesame Seeds. | Crustacea, Fish, Mollusc, Sesame, Soy, Wheat, Gluten |
| Tempura Prawn Soba | Water, Soba Noodles [Water, Wheat, Buckwheat Flour, Egg White Powder], Prawn Tempura (14%) [Prawn 55% (Crustacea), Water, Palm Oil, Emulsifiers (451, 452), Salt, Predust (Starch (Cassava, Soy), Scallop (Mollusc)), Tempura Batter (Wheat Flour, Corn Starch, Raising Agents (450, 500ii, 341i), Wheat Protein, Salt, Emulsifier (471), Spice, Colours (101, 160c))], Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybeans, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancers (627, 631), Cyclodextrin, Sodium Citrate, Succinic Acid, L-Ascorbic Acid, Dried Bonito Extract (Fish Extract, Salt), Yeast Extract (Yeast Extract, Salt)], Canola Oil, Spring Onion, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Acid Phosphate], Seaweed, Sesame Seeds. | Crustacea, Egg, Fish, Mollusc, Sesame, Soy, Wheat, Gluten |
| Tempura Vege Udon | Water, Udon Noodles [Water, Wheat Flour, Modified Starch, Salt], Tempura Vegetable (17%) [Onion, Carrot, Morning Glory, Tempura Mix (Wheat Flour, Potato Starch, Modified Starch (Modified Tapioca, Sulfur Dioxide, Vegetable Oil), Baking Powder (Tapioca Starch, Sodium Bicarbonate, Sodium Acid Pyrophosphate), Soybean Powder, Soybean Oil], Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybean Protein, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancer (635), Cyclodextrin, Acidity Regulator (331), Food Acid (363), Antioxidant (300), Dried Bonito Extract (Fish), Yeast Extract (Yeast Extract, Salt)], Spring Onion, Seaweed, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Raising Agents (450, 500, 341)], Canola Oil, Sesame Seeds. | Fish, Sesame, Soy, Wheat, Gluten |
| Tempura Vege Soba | Water, Soba Noodles [Water, Wheat, Buckwheat Flour, Egg White Powder], Tempura Vegetable (17%) [Onion, Carrot, Morning Glory, Tempura Mix (Wheat Flour, Potato Starch, Modified Starch (Modified Tapioca, Sulfur Dioxide, Vegetable Oil), Baking Powder (Tapioca Starch, Sodium Bicarbonate, Sodium Acid Pyrophosphate), Soybean Powder, Soybean Oil], Udon Soup Base [Water, Salt, Soy Sauce (Water, Wheat, Soybeans, Salt), High Fructose Syrup, Sugar, Flavour Enhancer (621), Dried Bonito (Fish), Hydrolyzed Soybean Protein Seasoning (Soybean Protein, Salt), Fermented Rice for Seasoning (Water, Rice, Alcohol, Salt), Flavour Enhancer (635), Cyclodextrin, Acidity Regulator (331), Food Acid (363), Antioxidant (300), Dried Bonito Extract (Fish), Yeast Extract (Yeast Extract, Salt)], Spring Onion, Seaweed, Tempura Crisps [Wheat Flour, Canola Oil, Corn Starch, Salt, Raising Agents (450, 500, 341)], Canola Oil, Sesame Seeds. | Egg, Fish, Sesame, Soy, Wheat, Gluten |
| BENTO | INGREDIENTS | ALLERGENS CONTAIN |

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| Katsu Chicken and Salmon Sashimi Bento | Water, Cooked Rice, Chicken (12%), Prawn Tempura (9%) [Prawn 55% (Crustacea), Water, Palm Oil, Emulsifiers (451, 452), Salt, Predust (Starch (Cassava, Soy), Scallop (Mollusc)), Tempura Batter (Wheat Flour, Corn Starch, Raising Agents (450, 500ii, 341i), Wheat Protein, Salt, Emulsifier (471), Spice, Colours (101, 160c)), Beef (7%), Salmon (Fish) (7%), Onion, Cabbage, Sesame Dressing [Vegetable Oil (Soy), Soy Sauce (Water, Soybeans, Wheat, Salt), Sugar, Vinegar, Sesame, Shiitake Mushroom Extract, Salt, Yeast Extract Powder, Egg Yolk, Spice Extract, Seasoning (Organic Acid), Thickener (415), Water], Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Yakiniku Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Alcohol), Sugar, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning (Rice, Rice Koji, Salt), Alcohol), Ginger, Sesame Oil, Flavour Enhancers (621, 627, 631), Garlic, Colour (150a), Spices, Sesame, Vitamin B1], Miso Paste [Soybeans, Rice, Salt, Alcohol], Wheat Flour, Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Canola Oil, Breadcrumbs [Wheat Flour, Shortening, Yeast, Sugar, Salt, Bread Improver (Corn Starch, Flour Treatment Agents (170, 516, 300, 1100))], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Alcohol], Egg, Carrots, Pickled Radish [Daikon Radish, Water, Salt, Flavour Enhancer (621), Food Acid (330), Acidity Regulator (260), Sweetener (960), Preservative (202), Colour (102), May Contain Soy], Spring Onion, Donburi Sauce [Soy Sauce (Water, Soybean, Wheat, Salt, Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning (Rice, Rice Koji, Salt), Salt), Salt, Alcohol, Flavour Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Pickled Ginger [Ginger, Salt, Vinegar, Acetic Acid (260), Sweetener (954), Preservative (202), Antioxidant (223), Water], Red Ginger [Ginger, Salt, Vinegar, Acetic Acid (260), Preservative (202), Colours (124, 102), Water], Seaweed Salad [Seaweed, Sugar, Sesame Oil, High Fructose Corn Syrup, Vinegar, Agar-Agar, Salt, Black Fungus, Sesame Seed, Red Chili Pepper, Flavour Enhancers (627, 631), Hydrolyzed Vegetable Protein (Soy), Colours (102, 133)], Corn Starch, Seaweed, Sesame Seeds, Wasabi [Horseradish, Mustard, Vitamin C, Colours (102, 133)], Dashi [Glucose, Salt, Bonito Flake Powder (Fish), Kombu Powder, Powdered Soy Sauce (Soybeans, Wheat), Flavour Enhancer (621)], Parsley, Salt, White Pepper. | Crustacea, Egg, Fish, Mollusc, Sesame, Soy, Wheat, Gluten |
| Katsu Chicken and Sushi Bento (Teriyaki Chicken Sushi & Salmon Nigiri) | Water, Cooked Rice, Chicken (13%), Prawn Tempura (9%) [Prawn 55% (Crustacea), Water, Palm Oil, Emulsifiers (451, 452), Salt, Predust (Starch (Cassava, Soy), Scallop (Mollusc)), Tempura Batter (Wheat Flour, Corn Starch, Raising Agents (450, 500ii, 341i), Wheat Protein, Salt, Emulsifier (471), Spice, Colours (101, 160c)), Beef (7%), Onion, Cabbage, Salmon (2%) (Fish), Sesame Dressing [Vegetable Oil (Soy), Soy Sauce (Water, Soybeans, Wheat, Salt), Sugar, Vinegar, Sesame, Shiitake Mushroom Extract, Salt, Yeast Extract Powder, Egg Yolk, Spice Extract, Seasoning (Organic Acid), Thickener (415), Water], Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Yakiniku Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning (Rice, Rice Koji, Salt), Ethyl Alcohol, Ginger, Sesame Oil, Flavour Enhancers (621, 627, 631), Garlic, Colour (150a), Spices, Sesame, Vitamin B1], Miso Paste [Soybeans, Rice, Salt, Alcohol], Wheat Flour, Canola Oil, Sugar, Breadcrumbs [Wheat Flour, Shortening, Yeast, Sugar, Salt, Bread Improver (Corn Starch, Flour Treatment Agents (170, 516, 300, 1100))], Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Avocado, Vinegar Premixed [Sugar, Vinegar, Water, Salt], Egg, Carrots, Pickled Radish [Daikon Radish, Water, Salt, Sodium L-glutamate, Crystalline Citric Acid, Glacial Acetic Acid, Stevia Powder, Potassium Sorbate, Yellow No. 4, May Contain Soy], Cucumber, Spring Onion, Donburi Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Ethyl Alcohol), Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning [Rice, Rice Koji, Salt], Salt), Salt, Ethyl Alcohol, Flavor Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1], Capsicum, Pickled Ginger [Ginger, Salt, Vinegar, Acetic Acid, Saccharin Sodium, Potassium Sorbate, Sodium Hyposulfite, Water], Red Ginger [Ginger, Salt, Vinegar, Acetic Acid, Preservative (Potassium Sorbate), Colouring (Red 102), Colouring (Yellow 4), Water], Seaweed Salad [Seaweed, Sugar, Sesame Oil, High Fructose Corn Syrup, Vinegar, Agar-Agar, Salt, Black Fungus, Sesame Seeds, Red Chili Pepper, Flavour Enhancers (627, 631), Hydrolyzed Vegetable Protein (Soy), Colouring 102, Colouring 133], Corn Starch, Sesame Seeds, Seaweed, Wasabi [Horseradish, Mustard, Vitamin C, Tartrazine, Brilliant Blue FCF], Dashi [Glucose, Salt, Bonito Flake Powder (Fish), Kelp Powder, Powdered Soy Sauce (Soybeans, Wheat, Salt), Flavour Enhancer (631)], Dried Nori, Parsley, Ginger Crushed [Ginger, Cane Sugar, Food Acid (330), Preservatives (202, 223 (Sulphites)), Vegetable Gum (412), Water], Salt, White Pepper. | Crustacea, Egg, Fish, Mollusc, Sesame, Soy, Wheat, Gluten, Sulphites |
| SNACKS | INGREDIENTS | ALLERGENS CONTAIN |
| Bento Karaage Chicken (condiment is not included) | Chicken (82%), Karaage Batter [Wheat Flour, Salt, Soy Sauce Powder, Sugar, Skimmed Milk Powder, Spice, Soybean Protein, Glucose, Vegetable Bouillon, Yeast Extract Powder, Hydrolyzed Vegetable Protein (Soy), Vegetable Extract, Seasoning (621)], Canola Oil, Salt, White Pepper. | Milk, Soy, Wheat, Gluten |
| Karaage Fried Chicken Spicy (condiment is not included) | Chicken (82%), Karaage Batter [Wheat Flour, Salt, Soy Sauce Powder, Sugar, Skimmed Milk Powder, Spice, Soybean Protein, Glucose, Vegetable Bouillon, Yeast Extract Powder, Hydrolyzed Vegetable Protein (Soy), Vegetable Extract, Seasoning (621)], Canola Oil, Chilli Pepper Loose [Red Pepper, Dried Tangerine Peel, Roasted Black Sesame Seed, Roasted White Sesame Seed, Seaweed, Ginger, Japanese Pepper], Salt, White Pepper. | Milk, Sesame, Soy, Wheat, Gluten |
| Pork Gyoza (6pc) | Pork Gyoza Dumplings (99%) [Cabbage, Wheat Flour, Pork (16%), Water, Onion, Oyster Sauce (Oyster Extractives (Mollusc), Flavour Enhancer (621), Wheat Flour, Colour (150c)), Sesame Oil, Egg, Vegetable Oil (Soy), Ginger, Salt, Garlic, Lard, Pepper, Flavour Enhancer (621), Humectant (1520), Improver (420, 322 (Soy), 475, 304)], Canola Oil. | Egg, Mollusc, Sesame, Soy, Wheat, Gluten |

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| Vegetable Gyoza (6pc) | Vege Gyoza Dumplings (99%) [Filling: Vegetable Mix (Cabbage, Onion, Carrot, Dried Cabbage, Spring Onion), Water, Rapeseed Oil, Soy Sauce (Soybeans, Wheat, Salt), Sesame Oil, Glutinous Rice, Mashed Potato Powder, Garlic, Salt, Yeast Extract, Ginger, Black Pepper. Dough: Wheat Flour (Plain), Water, Cassava Flour, Rapeseed Oil, Salt, Spinach Powder], Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Vinegar Premixed [Sugar, Vinegar, Water, Salt], Sesame Oil, Chilli Oil [Rice Oil, Sesame Oil, Spice Extract], Canola Oil. | Sesame, Soy, Wheat, Gluten |
| Takoyaki (1 Tray/6pc) | Takoyaki (89%) [Wheat Flour, Cabbage, Octopus (Mollusc), Corn Starch, Egg (6%), Dried Bonito Extract (Fish Extract, Salt), Scallion, Soybean Oil, Ginger, Salt, Baking Powder, Flavour Enhancer (621), Thickener (412)], Canola Oil, Takoyaki Sauce [Water, Sugar, High Fructose Corn Syrup, Hydrolyzed Protein (Soy), Distilled Vinegar, Tomato Puree, Modified Corn Starch, Soy Sauce (Soybeans, Wheat, Salt), Salt, Apple Juice, Colour (150a), Spices, Flavour Enhancers (627, 631, 621)], Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Bonito Flakes (Fish), Seaweed. | Egg, Fish, Mollusc, Soy, Wheat, Gluten |
| Tempura Prawn (3pc) | Prawn Tempura (94%) [Prawn 55% (Crustacea), Water, Palm Oil, Emulsifiers (451, 452), Salt, Predust (Starch (Cassava, Soy), Scallop (Mollusc)), Tempura Batter (Wheat Flour, Corn Starch, Raising Agents (450, 500ii, 341i), Wheat Protein, Salt, Emulsifier (471), Spice, Colours (101, 160c)], Canola Oil. | Crustacea, Mollusc, Soy, Wheat, Gluten |
| Fried Tofu (8pc) | Tofu Deep Fried (92%) [Water, Soybean, Vegetable Oil, Modified Starch, Coagulant, Stabilizer (Modified Starch), Reduced Maltose Powder, Salt], Canola Oil. | Soy |
| Vege Spring Roll (2pc) | Vegetable Spring Roll (71%) [Wheat Flour, Soybean Kernels, Cabbage, Carrots, Soybean Oil, Corn Starch, Garlic, Salt, Emulsifier (322 (Soy)), Soy Sauce (Soybeans, Wheat, Salt), Sesame Oil, Pepper], Sweet Chilli Sauce [Water, Sugar, Red Chilli, Garlic, Salt, Thickener (1422), Acidity Regulator (260)], Canola Oil. | Sesame, Soy, Wheat, Gluten |
| Sweet Potato Tempura (condiment is not included) | Purple Sweet Potato, Predust (Tapioca Starch, Rice Flour), Tempura Mix (Wheat Flour, Corn Starch, Potato Starch, Tapioca Starch, Raising Agents (341i, 450i, 500ii), Salt), Soybean Oil. | Soy, Wheat, Gluten |
| CONDIMENTS | INGREDIENTS | ALLERGENS CONTAIN |
| Ramen Soup (Takeaway) - Prepared (1portion) | Water, Ramen Soup [Water, Pork Extract, Salt, Vegetable Oil (Soybeans, Canola, Sesame Seed, Cottonseed), Flavour Enhancer (621), Sugar, Soy Sauce (Water, Soybeans, Wheat, Salt), Wheat Flour, Pork Fat, Garlic Powder (Garlic, Potato Starch), Maltodextrin, Flavour Enhancers (627, 631), Hydrolyzed Soy Protein, Vegetable Extract (Potato, Cabbage, Carrot, Onion, Bean Sprouts, Garlic), White Pepper]. | Sesame, Soy, Wheat, Gluten |
| Japanese Pepper Sauce (Single Bottle) | Japanese Pepper Sauce [Water, Soy Sauce (Water, Soybeans, Wheat, Salt), High Fructose Syrup, Sesame Paste, White Distilled Vinegar, Starch Syrup, Salt, Modified Corn Starch, Flavoured Oil (Sesame), Chinese Pepper, Alcohol, Colour (150), Flavour Enhancer (621), Chili Pepper, Black Pepper, Paprika, Mandarin Orange Peel, Thickener (412), Dried Sardine Extract (Fish), Thickener (417), Acidity Regulator (262i), Cardamom, Chili Pepper Oleoresin, Flavour Enhancer (635), Acidity Regulator (331iii)]. | Fish, Sesame, Soy, Wheat, Gluten |
| Vegetarian Donburi Sauce | Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol], Sugar, Water, High Fructose Corn Syrup, Fermented Seasoning (Glucose, Alcohol, Rice, Malted Rice, Salt), Salt, Ethanol, Flavour Enhancers (621, 627, 631), Vinegar, Kelp Extract, Vitamin B1. | Soy, Wheat, Gluten |
| Bento Teriyaki Sauce | Water, Soy Sauce [Water, Salt, Soybeans, Wheat, Alcohol (0.9%)], Sugar, Teriyaki Sauce [Soy Sauce (Water, Salt, Soybeans, Wheat, Alcohol), Sugar, Glucose Syrup, High Fructose Corn Syrup, Modified Corn Starch, Colour (150a), Flavour Enhancer (621), Ethyl Alcohol], Corn Starch. | Soy, Wheat, Gluten |
| Curry Sauce | Curry Sauce [Water, Onion, Palm Oil, Wheat Flour, Curry Powder, Salt, Sugar, Tomato Paste, Worcestershire Sauce, Colour (150a), Corn Starch, Garlic Paste, Garlic Powder, Natural Flavour, Onion Powder, Spice Extract, Spices, Yeast Extract]. | Wheat, Gluten |
| Sesame Dressing | Sesame Dressing [Vegetable Oil (Soy), Soy Sauce (Water, Soybeans, Wheat, Salt), Sugar, Vinegar, Sesame, Shiitake Mushroom Extract, Salt, Yeast Extract Powder, Egg Yolk, Spice Extract, Seasoning (Organic Acid), Thickener (415), Water]. | Egg, Sesame, Soy, Wheat, Gluten |
| Tonkatsu Sauce | Tonkatsu Sauce [Water, Saccharides (Molasses, Sugar), Vegetables and Fruits (Apple Puree, Tomato Puree, Onion, Garlic), Vinegar, Salt, Modified Corn Starch, Colour (150a), Spices, Flavour Enhancers (621, 627, 631), Licorice Extract, Vitamin B1]. | - |
| Yakiniku Sauce | Yakiniku Sauce [Soy Sauce (Water, Soybeans, Wheat, Salt, Alcohol), Sugar, Fermented Seasoning (Glucose, Alcohol, Brewed Rice Seasoning (Rice, Rice Koji, Salt), Alcohol), Ginger, Sesame Oil, Flavour Enhancers (621, 627, 631), Garlic, Colour (150a), Spices, Sesame, Vitamin B1]. | Sesame, Soy, Wheat, Gluten |
| Bento Mayo | Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Onion, Pickled Radish [Daikon Radish, Water, Salt, Flavour Enhancer (621), Food Acid (330), Acidity Regulator (260), Sweetener (960), Preservative (202), Colour (102), May Contain Soy], Parsley. | Egg, Soy |
| Spicy Mayo | Mayonnaise [Vegetable Oil (Soy), Water, Egg, Vinegar, Starch Syrup, Salt, Sugar, Flavour Enhancer (621), Spices, Spice Extract], Sriracha Chilli Sauce [Sugar, Red Chilli, Water, Vinegar, Garlic, Salt, Thickener (1422), Antioxidant (300), Stabiliser (415), Colour (160c)]. | Egg, Soy |
| Red Ginger | Red Ginger [Ginger, Salt, Vinegar, Acetic Acid (260), Preservative (202), Colours (124, 102), Water]. | - |
| Yellow Radish (Pickles) | Pickled Radish [Daikon Radish, Water, Salt, Flavour Enhancer (621), Food Acid (330), Acidity Regulator (260), Sweetener (960), Preservative (202), Colour (102), May Contain Soy]. | Soy |